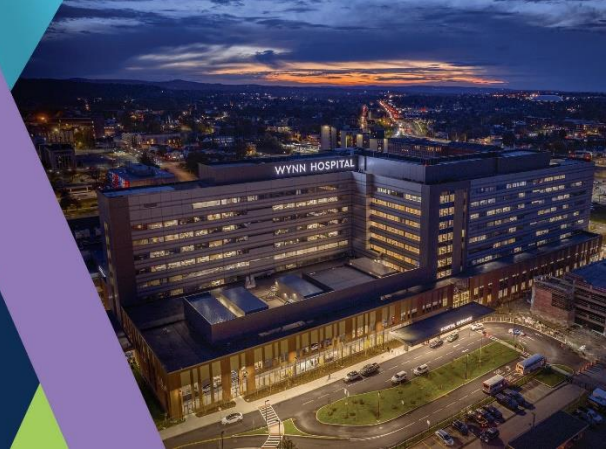


# Just the Facts

— MVHS & WYNN HOSPITAL

There's so much happening in healthcare in our region – at times it's hard to stay updated! That's why Just the Facts is being reinvigorated. This weekly publication, published on Tuesdays, will provide you with the latest information about MVHS and the Wynn Hospital!



## TOPIC FOR TUESDAY, JULY 8, 2025:

### Spotlight: Boilermaker Expo and Road Race

In 1978, the [Boilermaker](#) began as a 15K road race with 876 runners, created to celebrate founding sponsor Utica Boiler's 50<sup>th</sup> anniversary. Today, it is a week-long extravaganza drawing more than 20,000 runners, spectators and volunteers and one of Utica's premier events. MVHS has been a community partner and supporter of the Boilermaker for many years, from the Expo to race day and various events in between.

#### Boilermaker Expo

MVHS is the primary sponsor of the Boilermaker Health and Wellness Expo, which is where all participants pick up their packets for the race. This healthy lifestyle event offers something for everyone including merchandise, interactive booths and more, with thousands of people taking part each year.

**This year's Expo will be held on Friday, July 11, from noon to 7 p.m. and Saturday, July 12, from 8 a.m. to 4:30 p.m. at the MVCC Utica Campus.**

MVHS will have several booths at the Expo, including:

- Talent Acquisition
- St. Elizabeth College of Nursing (SECON)
- Dental Health Center
- Community Outreach Nurses
- Stroke
- Volunteer Services
- Nutrition/Dietitians
- Laboratory
- Children's Health Center
- Medical Group

#### Boilermaker 5K and 15K Road Races

- **The 5K Road Race** is on Sunday, July 13, 2025, with a race start time of 7:15 a.m. Runners line up at the Burrstone Road Bridge near York Street in Utica and run the last 3.1 miles of the 15K course, finishing up at the F.X. Matt Brewing Company where the Post-Race Party begins!
- **The 15K Road Race** is Sunday, July 13, 2025, with a race start time of 8 a.m. Runners line up near the intersection of Culver Avenue and Beechgrove Place in Utica, with residents, family and friends lining the course to cheer on runners and hand out water. The race ends at Court and Varick Streets in Utica with a post-race party that is open to everyone!
- **MVHS runners** make sure you pick up an MVHS headband for the race! They can be picked up in the Marketing and Communications office on the third floor at Faxton, in Administration at the Wynn or at the Community Health (Blood Pressure) table at the Boilermaker Expo.
- **Medical Volunteers**
  - Every year, medical volunteers from MVHS, including nurses, providers and physicians, along with EMS volunteers, help at the EMS stations during the Boilermaker. They are there before, during and after the race at the start and finish lines, as well as throughout the course to assist any one in need of medical attention. Thank you for volunteering your time to help our area runners throughout the day!
- **Road Closures**
  - On the morning of Sunday, July 13, 2025, there will be several road closures for the Boilermaker Road Race. Most road closings will begin between 5:30 a.m. and 6 a.m. Roads should re-open after noon on Sunday. Alternate routes must be used to access both the St. Luke's and Faxton Campuses.
  - The St. Luke's Campus will only be accessible via Burrstone Road. There will be no access from Champlin Avenue.
  - For the Faxton Campus, Burrstone Road will be closed at both the Sunset Avenue and Bennett Street intersections. The campus will only be accessible via Newell Street off of Sunset or Lincoln Avenues. There will be no access from Burrstone Road.
- **Finish Line Parking**
  - MVHS has offered lots A and B by the Wynn Hospital to the Boilermaker for parking. The visitor sections of the Oneida County Parking Garage are also open to Boilermaker parking. This should not impact those working on race day. Please see the map below for details.

# BOILERMAKER FINISH LINE PARKING

## LEGEND

Recommend parking on **EAST** side of Rtes. 5, 8, 12  
Use GPS coordinates of 43°06'12.0"N 75°14'14.5"W

**P** = Parking (free)

**P** = Parking (nominal \$ fee)

→ = Pedestrian Routes

— = Red Zone (No vehicular traffic)

