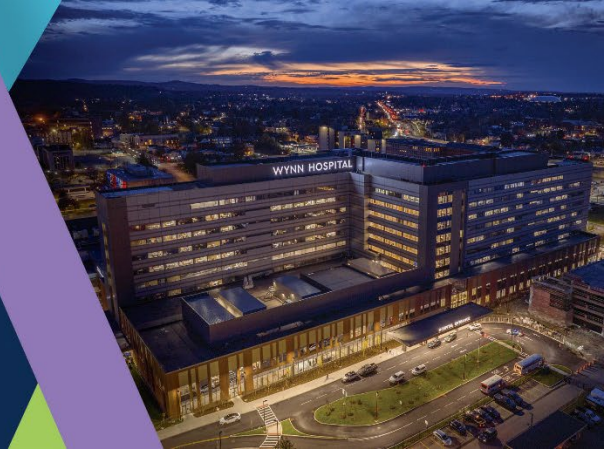


Just the Facts

— MVHS & WYNN HOSPITAL

There's so much happening in healthcare in our region – at times it's hard to stay updated! That's why Just the Facts is being reinvigorated. This weekly publication, published on Tuesdays, will provide you with the latest information about MVHS and the Wynn Hospital!



TOPIC FOR TUESDAY, JUNE 17, 2025:

Department Spotlight: Certified Nursing Assistants

With National Certified Nursing Assistant (CNA) Week celebrated June 12 through June 18, let's take a look at the role of the CNA in our healthcare system, and what it takes to become a CNA.

What is a CNA?

CNAs work under the supervision of registered nurses (RNs) and Licensed Practical Nurses (LPNs), providing essential direct patient care. Their tasks focus on assisting patients with activities of daily living (ADLs). This includes:

- Bathing and dressing
- Feeding
- Toileting and incontinence care
- Ambulating and transferring patients, reducing the risk for falls and pressure injuries
- Measuring and recording vital signs (temperature, pulse, respiration, blood pressure) and intakes (what the patient eats and drinks) and outputs (any fluid or solid that comes out of the body)
- Changing bed linens
- Maintaining a clean and safe patient environment
- Observing and reporting changes in patient condition to the nursing staff.

What kind of healthcare setting do CNAs work in?

CNAs work in a variety of healthcare settings, including skilled nursing facilities, assisted living communities, home health agencies and hospitals.

What education is required to become a CNA?

To become a CNA, you typically need to complete a state-approved training program. These programs are relatively short, ranging from a few weeks to a few months, and often include both classroom instruction and clinical practice. Upon completion, you must pass a certification exam. A high school diploma or GED is usually a prerequisite.

Career Opportunities at MVHS

MVHS partners with local colleges, BOCES and the Department of Labor to offer a variety of workforce development training programs, along with pre-apprenticeship and apprenticeship programs, to become a CNA, or to advance in your nursing career.

Thank you to all of our CNAs and to those who took a moment to smile for the camera!





Gifted by
Marolyn P. Wilson
in loving memory of
Evlyn & John
Piersma



