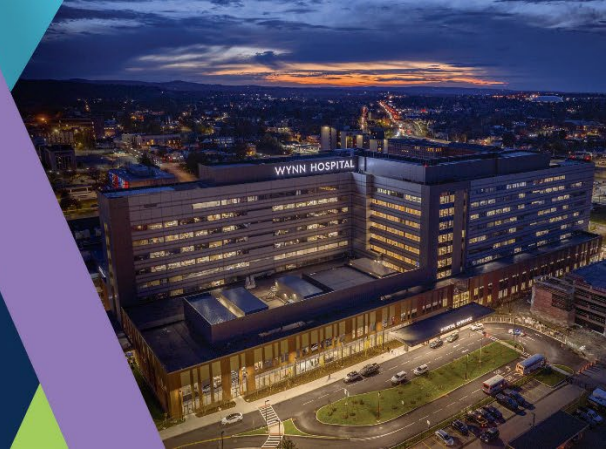


# Just the Facts

MVHS & WYNN HOSPITAL

There's so much happening in healthcare in our region – at times it's hard to stay updated! That's why Just the Facts is being reinvigorated. This weekly publication, published on Tuesdays, will provide you with the latest information about MVHS and the Wynn Hospital!



## TOPIC FOR TUESDAY, FEBRUARY 25, 2025:

### Department Spotlight: Residency Programs

**Thank a Resident Day** is right around the corner on Friday, February 28, 2025, and we thought it'd be a good time to learn all about our growing residency programs!

Building on the existing foundation of our Family Medicine and Dental residency programs, along with already being an official clinical campus for medical students from the University of New England College of Medicine and Lake Erie College of Osteopathic Medicine, we have grown our medical education programs to include an expanded residency program that includes the following:

- General Surgery
- Podiatry
- Pharmacy
- Psychiatry
- Obstetrics and Gynecology
- Transitional Year.

MVHS welcomes around 33 new residents each year. On "Match Day," which this year is on Friday, March 21, 2025, we will all learn who our new residents will be!

To date, we have had 559 graduates between Family Medicine and Dental. This year, we will have our first Surgery graduate, Bradley Phelps, MD, who will continue his training in a Transplant Fellowship program.

This year will be our very first combined graduation, which will include Family Medicine, Dental, Surgery and Pharmacy. We will also recognize the preliminary residents completing their one-year requirement. The event will be held at the Adirondack Bank Center on Friday, May 30, 2025, and **all are welcome and encouraged to attend!** Details will be shared as we get closer to the event.

**How many residents do we currently have?**

85





### **What is a typical day like for a resident?**

While day-to-day activities differ for residents depending on their specialty, rotation assignments and schedules, here is a “typical day” for one of our surgical residents as detailed by Afia Wilson, MD, PGY-3:

- My day starts at 5:30 a.m. with sign-out from the night team and chart review of their patients.
- Next, at 6 a.m., we start rounding on all surgical team patients, starting at the top floor and working our way down.
- After rounds, we head to the Operating Room (OR) for operative cases. If we are not assigned to an OR case, we continue rounding on patients with the attending providers.
- Throughout the day, we are responsible for writing notes and discharging patients. We are also ready to respond to consults, emergencies and traumas.
- Sign-out to the night team occurs at 4:30 p.m., but we continue to finish up on all of the above until around 5:30 p.m. unless it is your turn to cover the 24-hour call, then you’re not off until the morning.
  - Surgical residents do 24-hour call shifts, with a resident covering every day.
  - OB/GYN residents also provide call coverage.