

# STROKE

WITH STROKE EVERY SECOND MATTERS.



## STROKE SUPPORT GROUP AT THE MOHAWK VALLEY HEALTH SYSTEM (MVHS)

The Stroke Support Group is an educational support group for stroke survivors and their caregivers that seeks to provide evidence-based information, mutual support, structure and resources that promote increased independence and quality of life. **The group will meet in person in the Auditorium at the Wynn Hospital, 111 Hospital Dr. Utica. Meetings can also be attended simultaneously on Zoom.** For more information, please call 315-917-8248.

**The Stroke Support Group will meet the second Wednesday of every month at 6 p.m.**

*The dates for January 2026 through December 2026 are as follows:*

- January 14, 2026 | **Stroke Team Member**
- February 11, 2026 | **Board Game Night**
- March 11, 2026 | **TBD**
- April 8, 2026 | **Stroke Team Member – Power of Plants**
- May 13, 2026 | **Gaelyn Bronson, MS, RD, CDN – Acute Care Dietician II**
- June 10, 2026 | **Kim Bonvicino, RN**
- July 8, 2026 | **Annual Summer Celebration**
- August 12, 2026 | **Stroke Team Member**
- September 9, 2026 | **Tara Gilroy PA – Structural Heart Coordinator**
- October 14, 2026 | **Caroline Jacobus, MS, RN, CDCES – Director of Outpatient Diabetes Education and Prevention Services**
- November 11, 2026 | **Bingo Extravaganza**
- December 9, 2026 | **Holiday Celebration**

### Here's how to join the Zoom meeting:



Scan the QR Code to the left and follow the prompts to join the meeting.

**Zoom Meeting ID: 930 9343 7949**  
**Passcode: U0XdKY**

A step-by-step guide to using Zoom is also attached. Please call 315-917-8248 with any questions.

*MVHS is the area's only designated Comprehensive Stroke Center. The MVHS Comprehensive Stroke Center is the recipient of the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Gold Plus with Honor Roll quality achievement award with Target: Type 2 Diabetes<sup>SM</sup> Honor Roll for excellence in the care of stroke patients.*



**STROKE**

**2025  
GOLD PLUS**

TARGET: STROKE HONOR ROLL ELITE  
TARGET: TYPE 2 DIABETES HONOR ROLL

**GET WITH THE  
GUIDELINES.**