

Pharmacy

Prescription monitoring by a pharmacist is provided for all residents. Physicians and pharmacists work side-by-side to develop the best medication plan with appropriate dosing to reduce side effects.

Meal and Dining Services

We offer full dining and nutritional services for our residents. A registered dietitian and dietetic technicians work closely with residents and families to develop a balanced menu that caters to individual taste and preference as well as special diets such as kosher, vegan, etc.

Therapeutic Recreation

Our specially trained staff develop and provide a variety of programs for our diverse population. Therapeutic recreation promotes and enhances personal enjoyment through individual choices of leisure time activities. We focus on the mental, physical, cognitive and emotional needs of those we serve.



A Special Place

We strive to provide a home-like atmosphere for the residents at MVHS RNC. There are living rooms available for residents to relax as well as spaces for various group activities. Private dining is also available for family events.

The Soggs Room provides a spacious recreation space complete with a fireplace. It is used for large programs, such as live entertainment, special events and family functions.

Beautifully landscaped courtyards and an open-air gazebo provide residents and family with an opportunity to enjoy the outdoors.

The St. Luke's Campus, home to MVHS RNC, is smoke-free. Smoking is not permitted indoors or outdoors.

We also provide:

- A security and monitoring system, 24 hours a day
- Pastoral care and a Chapel
- Beauty and barber shop
- A library
- Banking services
- Computers with wireless internet service for residents to enjoy and to stay in touch with family and friends.

Your Family Is Our Family

Every resident is a member of our health team's family. We recognize that everyone is unique and we are committed to delivering resident-specific care that enhances your family member's life. Working as a team, we provide our residents with the highest quality care, always mindful of the knowledge and experience of our residents and their families.

MVHS Rehabilitation and Nursing Center



Center for Rehabilitation and Continuing Care Services
1650 Champlin Avenue
Utica, NY 13502
315-624-8600 or 315-624-4663

mvhealthsystem.org/RNC



MVHS Rehabilitation and Nursing Center

Making the decision to enter a nursing home or place a loved one in someone else's care is never easy. For most family members, it is one of life's most challenging moments. MVHS Rehabilitation and Nursing Center (RNC) understands your concern and is dedicated to assisting you throughout the transition.



In our approach to healthcare, we believe that one's life can improve with the supportive assistance found in our Center. At MVHS RNC our residents feel comfortable in a safe, warm, friendly environment filled with plants, animals and caring, compassionate caregivers.

Our philosophy maintains that living in a continuing care facility should be fulfilling, with positive and rewarding experiences. We invite you to tour our Center, meet the people who will be caring for you or your loved one and talk with our residents.

MVHS RNC is a 202-bed residential home for skilled rehabilitation and nursing. We offer a variety of social and health services for residents, including:

- 24-hour nursing services
- On-site medical services
- Rehabilitation services, including physical, occupational and speech therapies
- Resident's council
- Family council
- Dental care
- Eye care
- Podiatry care
- Respiratory and oxygen therapy
- Therapeutic and social recreation
- Catering service
- Transportation
- Pet therapy
- Pastoral care
- Community outings
- Private telephone and cable TV (for a minimal fee).

Rehabilitation Services

MVHS RNC offers physical, occupational and speech therapy to enhance our residents' ability to participate in daily living activities. Our team of trained professionals work together using specialized techniques and equipment to assist residents during recovery.

Restorative rehabilitation programs are also available. A 40-bed, subacute rehabilitation unit uses a team approach and focuses on patients' goals for becoming stronger and more functional which makes it safe to return home quickly.

Medical Services

Medical services are available 24 hours a day, seven days a week with medical staff skilled in geriatric medicine. Emergency, surgical and acute services are provided through the adjacent MVHS RNC. Laboratory, diagnostic imaging, dental, eye care and podiatry services are provided on site.

Nursing Services

MVHS RNC provides 24-hour skilled nursing and rehabilitation services in a warm setting that encourages family participation. Our goal is to maximize residents' abilities and independence in a caring, supportive environment.



Mission of MVHS Rehabilitation and Nursing Center

The MVHS RNC uses an interdisciplinary approach by working collaboratively in a post-acute setting with patients, residents and families to ensure the necessary care and services are provided to attain or maintain the highest achievable physical, mental and psychosocial well being.